



Rev. Dr. Daris S. Bultena, Pastor
Minister of Word and Sacrament

July 13, 2009

Sandy Is Walking

Dear Readers,

Sandy McWilliams is walking... Who is she? She is a Presbyterian elder from Louisville, Kentucky. Now... what is she doing? She is walking over 700 miles. Why is she doing this? She is walking those 700+ miles from Louisville, KY, to Pennsville, NJ, in order to raise awareness about Progressive Supranuclear Palsy (PSP). It is a terrible disease that effects about 20,000 Americans each year. Sandy's mom has the disease and is in the final stages of her battle with it.

I met Sandy one morning while I was sitting in my study here at Good Shepherd Presbyterian Church. I walked this woman who started talking to me about PSP and telling me how she was going to do this walk in order to raise awareness about the disease. She also told me that she wanted Joppatowne and Good Shepherd Presbyterian to be a stop on her walk. She reminded me that we have lost a long-term church member to this disease. It is what Bob Keesling died of.



I'm including a fact sheet on our church website entitled "What Everyone Should Know About PSP." Please do read the fact sheet for more information.

I have to tell you that when Sandy came into my study that day it was one of those strangely wonderful experiences. Here was someone I had never met before and after only about 10 minutes it was as if it was someone I had known for 10 or more years! There was an instant



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connection with her and the kind of passion she has to raise awareness about the disease. I was touched by the tribute that she is making to her mother in doing this walk. I think it is just remarkable.

On Monday, July 20th, Sandy will make it to Joppatowne. I want as many people to meet her as possible. I'm planning on hosting an opportunity here on the church grounds for us to talk with her and share an evening meal too. I do hope that you will join us, and pray for her and her mom too. Check out Sandy's website: http://www.walk4psp.org/main/page_home.html

It is also possible to walk with Sandy as she makes her way through Harford County. She would appreciate the support!

Blessings,
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